

Power Words

As teachers and coaches our words are vital. How we use our words, to redirect, reinforce, and remind our students how and what we want from them.

There's a negative and positive way to do that. There are positive phrases to use to help students do what we ask in a positive way.

- Negative: "Do you need help?"
- Positive: I am here to help you if you need me.
- Negative: I explained this to you already.
- Positive: Maybe I can show you another way.
- Negative: Do I need to separate you?
- Positive: Could you use a Break?
- Negative: We don't talk like that.
- Positive: Please use kind words.

YOUR WORDS MATTER

PRAISE LESS ENCOURAGE MORE: Children need to realize that they should always work hard.

EXAMPLE:

- You're on the right track.
- I'm proud of you
- You did it.
- I know it's hard, but your almost there.
- That's the best you've ever done.
- I knew you could do it.
- Congratulations!
- Keep working on it, you're almost there.

What kind of teacher/coach/coworker/person do you want to be?

Positive or negative person?

Positive Words- Inspire, build up, motivate, and encourage.

Negative Words: Tear down, intimidate, discourage, then there's mistrust.

You have the power to encourage or tear down.